

BASIC package										
Name of procedures and studies					Number of procedures					
Diagnostic unit	7 b/d	8 b/d	9 b/d	10 b/d	11 b/d	12 b/d	14 b/d	16 b/d	21 b/d	
Initial visit to the attending physician	1	1	1	1	1	1	1	1	1	
Follow-up visit to the attending physician	1	1	1	1	1	1	2	2	3	
Number of visits to the attending physician	4	5	6	7	8	9	10	12	16	
Final visit to the attending physician	1	1	1	1	1	1	1	1	1	
Clinical blood test (hemogram)	1	1	1	1	1	1	1	1	1	
Biochemical blood test, glucose	1	1	1	1	1	1	1	1	2	
Biochemical analysis, advanced liver test (ALT, AST)	1	1	1	1	1	1	1	1	1	
Clinical urine test	1	1	1	1	1	1	1	1	2	
Resting electrocardiography (ECG)	1	1	1	1	1	1	1	1	1	
Chest X-ray	1	1	1	1	1	1	1	1	1	
Abdominal ultrasound	1	1	1	1	1	1	1	1	1	
Attendance and consultation of a medical specialist: <i>nutritionist or</i> <i>dentist or</i> <i>urologist or gynecologist or</i> <i>physical therapist or</i> <i>neurologist</i>	1	1	1	1	1	1	1	1	1	
<i>ENT specialist</i>	1	1	1	1	1	1	1	1	1	
<i>cardiologist</i>	1	1	1	1	1	1	1	1	1	
<i>aesthetician-dermatovenerologist</i>	1	1	1	1	1	1	1	1	1	
Wellness unit	7 b/d	8 b/d	9 b/d	10 b/d	11 b/d	12 b/d	14 b/d	16 b/d	21 b/d	
Dietetic food, buffet	Daily									
Finnish sauna - free access on medical advice.	6	7	8	9	10	11	12	14	18	
Swimming pool – free access with thermotherapy (1 hour)	6	7	8	9	10	11	12	14	18	
Turkish bath (hammam) - free access on medical advice	6	7	8	9	10	11	12	14	18	
Terrenkur (Terrain cure) – therapeutic metered walking	Daily									
Physical therapy – group classes	6	7	8	9	10	11	12	14	18	
Treatment unit	7 b/d	8 b/d	9 b/d	10 b/d	11 b/d	12 b/d	14 b/d	16 b/d	21 b/d	
Baths and water treatments:										
<i>Naphthalan baths or</i> <i>Light bath or</i>	5	6	7	7	8	9	10	12	15	
<i>Iodine-bromine baths</i>	1	1	1	2	2	2	2	2	3	
Instrumental physiotherapy: <i>Treatment with infrared rays or</i> <i>Treatment with UV rays (locally) or</i> <i>Light bath or</i> <i>Short-wave diathermy or</i> <i>Microwave diathermy or</i> <i>Magnet therapy or</i> <i>Electrotherapy or</i> <i>Impulse current therapy (Amplipulse) or</i> <i>Laser therapy or</i> <i>Darsonvalization or</i> <i>Phonophoresis</i> <i>Ultrasound therapy</i>	6	7	8	9	10	11	12	15	18	
Total medical procedures**	12	14	16	18	20	22	24	29	36	
* The service is provided if medically required										
** The total number of medical procedures included in the sanatorium resort package shall be determined by the attending physician based on the indications and contraindications.										